

Ahilya Nagari SF Express (PT)/22645 - SF - SR
MAS/MGR Chennai Central to KYJ/Kayamkulam Junction
13h 56m - 801 km - 20 halts - Departs Tue

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|-----------|------------|-----------------------------|--------------|-----|--------------|-----|------|----|-----|------|-----|-----|------|
| 1 | INDB | Indore Junction | | | 16:45 | | | 0 | 1 | 0 | 83 | 550 | WR |
| 2 | DWX | Dewas Junction | 17:13 | | 17:15 | | 2m | | 1 | 39 | 49 | 537 | WR |
| 3 | UJN | Ujjain Junction | 18:05 | | 18:20 | | 15m | | 1 | 79 | 76 | 492 | WR |
| 4 | SJP | Shujalpur | 19:42 | | 19:44 | | 2m | 0 | 1 | 183 | 59 | 455 | WR |
| 5 | BPL | Bhopal Junction | 21:05 | | 21:15 | | 10m | | 1 | 263 | 48 | 405 | WCR |
| 6 | ET | Itarsi Junction | 23:10 | | 23:15 | | 5m | 0 | 1 | 355 | 80 | 329 | WCR |
| 7 | GDYA | Ghoradongri | 00:08 | | 00:10 | | 2m | 2 | 2 | 425 | 38 | 407 | CR |
| 8 | BZU | Betul | 01:08 | | 01:10 | | 2m | 1 | 2 | 462 | 69 | 639 | CR |
| 9 | AMLA | Amla Junction | 01:30 | | 01:32 | | 2m | 2 | 2 | 485 | 68 | | CR |
| 10 | PAR | Pandhurna | 02:28 | | 02:29 | | 1m | 1 | 2 | 549 | 59 | 478 | CR |
| 11 | NGP | Nagpur Junction | 04:15 | | 04:20 | | 5m | | 2 | 653 | 79 | 309 | CR |
| 12 | SEGM | Sewagram Junction | 05:18 | | 05:20 | | 2m | 4 | 2 | 729 | 71 | 278 | CR |
| 13 | CD | Chandrapur | 07:00 | | 07:02 | | 2m | 1 | 2 | 848 | 8 | 362 | CR |
| 14 | BPQ | Balharshah | 08:40 | | 08:45 | | 5m | 0 | 2 | 862 | 87 | 346 | CR |
| 15 | SKZR | Sirpur Kaghaznagar | 09:33 | | 09:35 | | 2m | 0 | 2 | 931 | 83 | 184 | SCR |
| 16 | BPA | Bellampalli | 10:03 | | 10:05 | | 2m | 0 | 2 | 970 | 91 | 204 | SCR |
| 17 | MCI | Manchiryal | 10:18 | | 10:20 | | 2m | 0 | 2 | 990 | 103 | 159 | SCR |
| 18 | RDM | Ramagundam | 10:28 | | 10:30 | | 2m | 0 | 2 | 1004 | 69 | 170 | SCR |
| 19 | WL | Warangal | 11:58 | | 12:00 | | 2m | 1 | 2 | 1105 | 88 | 271 | SCR |
| 20 | KMT | Khammam | 13:13 | | 13:15 | | 2m | 1 | 2 | 1212 | 48 | 118 | SCR |
| 21 | BZA | Vijayawada Junction | 15:20 | | 15:30 | | 10m | | 2 | 1311 | 57 | 19 | SCR |
| 22 | TEL | Tenali Junction | 16:03 | | 16:05 | | 2m | 0 | 2 | 1343 | 80 | 11 | SCR |
| 23 | CLX | Chirala | 16:48 | | 16:50 | | 2m | 0 | 2 | 1401 | 56 | 8 | SCR |
| 24 | OGL | Ongole | 17:43 | | 17:45 | | 2m | 0 | 2 | 1450 | 75 | 8 | SCR |
| 25 | NLR | Nellore | 19:18 | | 19:20 | | 2m | 0 | 2 | 1567 | 61 | 18 | SCR |
| 26 | GDR | Gudur Junction | 19:58 | | 20:00 | | 2m | 0 | 2 | 1605 | 50 | 19 | SCR |
| 27 | MAS | MGR Chennai Central | 22:45 | | 23:10 | | 25m | | 2 | 1743 | 68 | 3 | SR |
| 28 | KPD | Katpadi Junction | 01:05 | | 01:10 | | 5m | 1 | 3 | 1872 | 75 | 215 | SR |
| 29 | JTJ | Jolarpettai Junction | 02:18 | | 02:20 | | 2m | 0 | 3 | 1957 | 79 | 400 | SR |
| 30 | SA | Salem Junction | 03:52 | | 03:55 | | 3m | 0 | 3 | 2077 | 65 | 280 | SR |
| 31 | ED | Erode Junction | 04:50 | | 05:00 | | 10m | 0 | 3 | 2137 | 70 | 171 | SR |
| 32 | TUP | Tiruppur | 05:43 | | 05:45 | | 2m | 0 | 3 | 2187 | 49 | 306 | SR |
| 33 | CBE | Coimbatore Junction | 06:47 | | 06:50 | | 3m | | 3 | 2238 | 51 | 411 | SR |
| 34 | PGT | Palakkad Junction (Palghat) | 07:55 | | 08:00 | | 5m | 0 | 3 | 2293 | 78 | 78 | SR |
| 35 | OTP | Ottappalam | 08:24 | | 08:25 | | 1m | 0 | 3 | 2325 | 48 | 33 | SR |
| 36 | WKI | Wadakancheri | 08:59 | | 09:00 | | 1m | 1 | 3 | 2352 | 59 | 41 | SR |
| 37 | TCR | Thrissur (Trichur) | 09:17 | | 09:20 | | 3m | 0 | 3 | 2369 | 65 | 3 | SR |
| 38 | IJK | Irinjalakkuda | 09:42 | | 09:43 | | 1m | 0 | 3 | 2393 | 52 | 18 | SR |
| 39 | CKI | Chalakkudi | 09:50 | | 09:51 | | 1m | 0 | 3 | 2399 | 58 | 12 | SR |
| 40 | AFK | Angamali for Kaladi | 10:07 | | 10:08 | | 1m | 0 | 3 | 2414 | 46 | 17 | SR |
| 41 | AWY | Aluva (Alwaye) | 10:20 | | 10:22 | | 2m | 0 | 3 | 2423 | 51 | 14 | SR |
| 42 | ERN | Ernakulam Town (North) | 10:42 | | 10:44 | | 2m | 0 | 3 | 2440 | 14 | 2 | SR |
| 43 | ERS | Ernakulam Junction (South) | 10:55 | | 11:00 | | 5m | 0 | 3 | 2443 | 59 | 1 | SR |
| 44 | SRTL | Cherthala (Sherthalai) | 11:34 | | 11:35 | | 1m | 0 | 3 | 2476 | 65 | | SR |
| 45 | ALLP | Alappuzha (Alleppey) | 11:57 | | 12:00 | | 3m | 0 | 3 | 2500 | 67 | 3 | SR |
| 46 | AMPA | Ambalappuzha | 12:11 | | 12:12 | | 1m | 0 | 3 | 2512 | 58 | | SR |
| 47 | HAD | Harippad | 12:31 | | 12:32 | | 1m | 0 | 3 | 2530 | 23 | | SR |
| 48 | KYJ | Kayamkulam Junction | 13:06 | | 13:08 | | 2m | 0 | 3 | 2543 | 63 | 9 | SR |
| 49 | QLN | Kollam Junction (Quilon) | 13:47 | | 13:50 | | 3m | | 3 | 2584 | 31 | 11 | SR |
| 50 | KCVL | Kochuveli | 15:40 | | | | | 0 | 3 | 2642 | - | 5 | SR |