

Parasuram Express/16649 - Exp - SR
SRR/Shoranur Junction to CGY/Changanassery
4h 31m - 182 km - 12 halts - Departs Daily

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|-----------|------------|---|--------------|-----|--------------|-----|------|-----|-----|-----|-----|-----|------|
| 1 | MAQ | Mangaluru Central (Mangalore) | | | 05:05 | | | 0 | 1 | 0 | 71 | 9 | SR |
| 2 | KGQ | Kasaragod | 05:44 | | 05:45 | | 1m | 0 | 1 | 46 | 77 | 9 | SR |
| 3 | KZE | Kanhangad | 06:03 | | 06:05 | | 2m | 0 | 1 | 69 | 62 | 12 | SR |
| 4 | NLE | Nileshwar | 06:14 | | 06:15 | | 1m | 0 | 1 | 78 | 45 | 14 | SR |
| 5 | CHV | Charvattur | 06:22 | | 06:23 | | 1m | 0 | 1 | 84 | 74 | 12 | SR |
| 6 | PAY | Payyanur | 06:35 | | 06:36 | | 1m | 0 | 1 | 98 | 78 | 9 | SR |
| 7 | PAZ | Payangadi | 06:45 | | 06:46 | | 1m | 0 | 1 | 110 | 56 | 9 | SR |
| 8 | KPQ | Kannapuram | 06:54 | | 06:55 | | 1m | 0 | 1 | 118 | 72 | 9 | SR |
| 9 | CAN | Kannur (Cannanore) | 07:07 | | 07:10 | | 3m | 0 | 1 | 132 | 65 | 12 | SR |
| 10 | TLY | Thalassery | 07:29 | | 07:30 | | 1m | 0 | 1 | 153 | 79 | 9 | SR |
| 11 | MAHE | Mahe | 07:37 | | 07:38 | | 1m | 0 | 1 | 162 | 70 | 17 | SR |
| 12 | BDJ | Vadakara | 07:49 | | 07:50 | | 1m | 0 | 1 | 175 | 69 | 10 | SR |
| 13 | QLD | Quilandi (Koyilandi) | 08:09 | | 08:10 | | 1m | 2,3 | 1 | 197 | 54 | 17 | SR |
| 14 | CLT | Kozhikode Main (Calicut) | 08:37 | | 08:40 | | 3m | 1 | 1 | 221 | 43 | 4 | SR |
| 15 | FK | Ferok | 08:54 | | 08:55 | | 1m | 0 | 1 | 231 | 68 | 15 | SR |
| 16 | VLI | Vallikunnu | 09:04 | | 09:05 | | 1m | 0 | 1 | 241 | 33 | 13 | SR |
| 17 | PGI | Parappanangadi | 09:14 | | 09:15 | | 1m | 0 | 1 | 246 | 54 | 10 | SR |
| 18 | TA | Tanur | 09:24 | | 09:25 | | 1m | 0 | 1 | 254 | 60 | 11 | SR |
| 19 | TIR | Tirur | 09:33 | | 09:35 | | 2m | 3 | 1 | 262 | 48 | 9 | SR |
| 20 | KTU | Kuttippuram | 09:54 | | 09:55 | | 1m | 2 | 1 | 277 | 58 | 17 | SR |
| 21 | PTB | Pattambi | 10:14 | | 10:15 | | 1m | 2 | 1 | 296 | 13 | 24 | SR |
| 22 | SRR | Shoranur Junction | 11:10 | | 11:15 | | 5m | 0 | 1 | 307 | 41 | 29 | SR |
| 23 | WKI | Wadakancheri | 11:39 | | 11:40 | | 1m | 1 | 1 | 324 | 48 | 41 | SR |
| 24 | TCR | Thrissur (Trichur) | 12:01 | | 12:03 | | 2m | 1 | 1 | 340 | 51 | 3 | SR |
| 25 | PUK | Pudukkad | 12:19 | | 12:20 | | 1m | 0 | 1 | 354 | 69 | 13 | SR |
| 26 | IJK | Irinjalakkuda | 12:29 | | 12:30 | | 1m | 0 | 1 | 364 | 61 | 18 | SR |
| 27 | CKI | Chalakkudi | 12:36 | | 12:37 | | 1m | 0 | 1 | 370 | 55 | 12 | SR |
| 28 | AFK | Angamali for Kaladi | 12:54 | | 12:55 | | 1m | 0 | 1 | 386 | 42 | 17 | SR |
| 29 | AWY | Aluva (Alwaye) | 13:08 | | 13:10 | | 2m | 1 | 1 | 395 | 25 | 14 | SR |
| 30 | ERN | Ernakulam Town (North) | 13:50 | | 13:55 | | 5m | 2 | 1 | 412 | 20 | 2 | SR |
| 31 | TRTR | Thrippunithura | 14:25 | | 14:26 | | 1m | 1 | 1 | 422 | 52 | | SR |
| 32 | PVRD | Piravom Road | 14:48 | | 14:49 | | 1m | 1 | 1 | 441 | 54 | 16 | SR |
| 33 | ETM | Ettumanur | 15:12 | | 15:13 | | 1m | 0 | 1 | 461 | 52 | | SR |
| 34 | KTYM | Kottayam | 15:25 | | 15:28 | | 3m | 0 | 1 | 472 | 59 | 4 | SR |
| 35 | CGY | Changanassery | 15:46 | | 15:47 | | 1m | 0 | 1 | 490 | 53 | | SR |
| 36 | TRVL | Tiruvalla | 15:56 | | 15:57 | | 1m | 0 | 1 | 498 | 56 | | SR |
| 37 | CNGR | Chengannur | 16:07 | | 16:09 | | 2m | 0 | 1 | 507 | 62 | 9 | SR |
| 38 | MVLK | Mavelikara | 16:21 | | 16:22 | | 1m | 0 | 1 | 519 | 58 | | SR |
| 39 | KYJ | Kayamkulam Junction | 16:30 | | 16:32 | | 2m | 0 | 1 | 527 | 58 | 9 | SR |
| 40 | KPY | Karunagappalli | 16:46 | | 16:47 | | 1m | 0 | 1 | 541 | 47 | 13 | SR |
| 41 | STKT | Sasthankotta | 16:57 | | 16:58 | | 1m | 0 | 1 | 548 | 49 | 18 | SR |
| 42 | QLN | Kollam Junction (Quilon) | 17:22 | | 17:25 | | 3m | 0 | 1 | 568 | 57 | 11 | SR |
| 43 | PVU | Paravur | 17:38 | | 17:39 | | 1m | 0 | 1 | 580 | 67 | 18 | SR |
| 44 | VAK | Varkala Sivagiri | 17:49 | | 17:50 | | 1m | 0 | 1 | 591 | 57 | 57 | SR |
| 45 | CRY | Chirayinkeezhu | 18:03 | | 18:04 | | 1m | 0 | 1 | 604 | 92 | 19 | SR |
| 46 | KZK | Kazhakkuttam | 18:14 | | 18:15 | | 1m | 0 | 1 | 619 | 59 | 9 | SR |
| 47 | TVP | Thiruvananthapuram Pettah | 18:26 | | 18:27 | | 1m | 1 | 1 | 630 | 11 | 8 | SR |
| 48 | TVC | Thiruvananthapuram Central (Trivandrum) | 18:40 | | 18:45 | | 5m | 1 | 1 | 632 | 47 | 7 | SR |
| 49 | NYY | Neyyattinkara | 19:07 | | 19:08 | | 1m | 0 | 1 | 650 | 62 | | SR |

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|----|------|--------------------|---------|-----|-------------|-----|------|----|-----|-----|-----|-----|------|
| 50 | PASA | Parassala | 19:20 | | 19:21 | | 1m | 0 | 1 | 662 | 50 | | SR |
| 51 | KZT | Kulitturai | 19:31 | | 19:32 | | 1m | 0 | 1 | 670 | 59 | | SR |
| 52 | ERL | Eraniei | 19:47 | | 19:48 | | 1m | 0 | 1 | 685 | 34 | 40 | SR |
| 53 | NCJ | Nagercoil Junction | 20:20 | | 20:25 | | 5m | 0 | 1 | 703 | 19 | 11 | SR |
| 54 | CAPE | Kanniyakumari | 21:15 | | | | | 0 | 1 | 719 | - | 30 | SR |