

**Poorna Express/11098 - Exp - CR**  
**TCR/Thrissur (Trichur) to GOK/Gokarna Road**  
**10h 23m - 558 km - 16 halts - Departs Mon**

#	Code	Station Name	Arrives	Avg	Depart s	Avg	Halt	PF	Day	Km	Spd	Elv	Zone
1	ERS	Ernakulam Junction (South)			18:50			3	1	0	49	1	SR
2	AWY	Aluva (Alwaye)	19:14		19:16		2m	3	1	19	68	14	SR
3	TCR	Thrissur (Trichur)	20:04		20:07		3m	2	1	74	40	3	SR
4	SRR	Shoranur Junction	20:57		21:00		3m	4	1	107	69	29	SR
5	TIR	Tirur	21:39		21:40		1m	1	1	152	67	9	SR
6	CLT	Kozhikode Main (Calicut)	22:17		22:20		3m	3	1	193	85	4	SR
7	TLY	Thalassery	23:08		23:10		2m	1	1	262	46	9	SR
8	CAN	Kannur (Cannanore)	23:37		23:40		3m	1	1	282	70	12	SR
9	PAY	Payyanur	00:09		00:10		1m	1	2	316	73	9	SR
10	KZE	Kanhangad	00:34		00:35		1m	2	2	345	73	12	SR
11	KGQ	Kasaragod	00:54		00:55		1m	2	2	368	51	9	SR
12	MAJN	Mangaluru Junction (Mangalore)	01:50		01:55		5m	1	2	416	44	8	SR
13	UD	Udupi	03:20		03:22		2m	1	2	478	48	16	KR
14	KUDA	Kundapura	04:02		04:04		2m	1	2	510	56	8	KR
15	BYNR	Byndoor Mookambika Road	04:40		04:42		2m		2	544	65	10	KR
16	BTJL	Bhatkal	04:56		04:58		2m	1	2	559	44	21	KR
17	MRD W	Murdeshwar	05:18		05:20		2m	1	2	573	52	25	KR
18	HNA	Honnavar	05:50		05:52		2m	1	2	600	46	5	KR
19	KT	Kumta	06:10		06:12		2m	1	2	613	63	20	KR
20	GOK	Gokarna Road	06:30		06:32		2m	1	2	632	40	14	KR
21	KAWR	Karwar	07:26		07:28		2m	1	2	669	30	11	KR
22	MAO	Madgaon Junction	09:30		09:55		25m	2	2	729	41	9	KR
23	SVM	Sanvordem (Kudchade)	10:17		10:18		1m	1	2	744	41	7	SWR
24	QLM	Kulem	10:45		10:50		5m	2	2	762	21	73	SWR
25	CLR	Castle Rock	12:05		12:10		5m	1	2	788	29		SWR
26	LD	Londa Junction	13:00		13:10		10m	3	2	813	56	635	SWR
27	BGM	Belagavi (Belgaum)	14:05		14:10		5m	2	2	864	53	747	SWR
28	GPB	Ghataprabha	15:15		15:17		2m	1	2	922	36	626	SWR
29	MRJ	Miraj Junction	17:30		17:35		5m	1	2	1002	36	549	CR
30	SLI	Sangli	17:47		17:50		3m	1	2	1009	66	558	CR
31	KRD	Karad	18:52		18:55		3m	0	2	1077	49	596	CR
32	STR	Satara	20:07		20:10		3m	1	2	1136	44	635	CR
33	PUNE	Pune Junction	23:30					1	2	1281	-	560	CR