

Yesvantpur - Kochuveli Garib Rath Express/12257 - GR - SWR**BAND/Banaswadi to PGT/Palakkad Junction (Palghat)****7h 57m - 426 km - 5 halts - Departs Sun,Tue,Thu**

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|----|-------------|--|--------------|-----|--------------|-----|------|-----|-----|-----|-----|-----|------|
| 1 | YPR | Yesvantpur Junction | | | 20:45 | | | 3,6 | 1 | 0 | 40 | 915 | SWR |
| 2 | BAND | Banaswadi | 21:07 | | 21:08 | | 1m | 1 | 1 | 15 | 62 | 906 | SWR |
| 3 | HSRA | Hosur | 21:58 | | 22:00 | | 2m | 2 | 1 | 66 | 63 | 896 | SWR |
| 4 | DPJ | Dharmapuri | 23:28 | | 23:30 | | 2m | 1 | 1 | 159 | 37 | 466 | SWR |
| 5 | SA | Salem Junction | 01:18 | | 01:20 | | 2m | 4 | 2 | 225 | 69 | 280 | SR |
| 6 | ED | Erode Junction | 02:12 | | 02:15 | | 3m | 2 | 2 | 284 | 59 | 171 | SR |
| 7 | CBE | Coimbatore Junction | 03:57 | | 04:00 | | 3m | 1 | 2 | 385 | 51 | 412 | SR |
| 8 | PGT | Palakkad Junction (Palghat) | 05:05 | | 05:10 | | 5m | 1 | 2 | 441 | 57 | | SR |
| 9 | TCR | Thrissur (Trichur) | 06:30 | | 06:33 | | 3m | 1 | 2 | 516 | 47 | 3 | SR |
| 10 | AWY | Aluva (Alwaye) | 07:42 | | 07:44 | | 2m | 1 | 2 | 571 | 33 | 14 | SR |
| 11 | ERN | Ernakulam Town (North) | 08:15 | | 08:20 | | 5m | 2 | 2 | 588 | 35 | 2 | SR |
| 12 | KTYM | Kottayam | 10:02 | | 10:03 | | 1m | 2 | 2 | 648 | 51 | 4 | SR |
| 13 | CGY | Changanassery | 10:24 | | 10:25 | | 1m | 3 | 2 | 666 | 53 | | SR |
| 14 | TRVL | Tiruvalla | 10:34 | | 10:35 | | 1m | 3 | 2 | 674 | 51 | | SR |
| 15 | CNGR | Chengannur | 10:46 | | 10:47 | | 1m | 1 | 2 | 683 | 62 | 9 | SR |
| 16 | MVLK | Mavelikara | 10:59 | | 11:00 | | 1m | 3 | 2 | 695 | 58 | | SR |
| 17 | KYJ | Kayamkulam Junction | 11:08 | | 11:10 | | 2m | 3 | 2 | 703 | 52 | 9 | SR |
| 18 | QLN | Kollam Junction (Quilon) | 11:57 | | 12:00 | | 3m | 2 | 2 | 744 | 43 | 11 | SR |
| 19 | KCVL | Kochuveli | 13:20 | | | | | 1 | 2 | 801 | - | 5 | SR |